

Dydd Dewi Sant hapus!

Sadie takes a trip around

01 March 2018



BRITAIN

Choose a main meal...

Chicken Goujon with Leek & Potato

Mash & red onion gravy (M)

Vegetarian Sausage with Leek & Potato Mash

& Red Onion Gravy (V)

Cheese, Onion & Baked Beans Oggie (Pattie) (A)



on the side...

Crushed Minted Peas

Baked Leeks

for dessert...

Teisen Bach (Welsh Cakes)

Mango Fro Yo

**St David's Day on
Thursday 1st March 2018**

March 1st is St. David's Day, the national day of Wales and has been celebrated as such since the 12th Century. Today the celebrations usually involve the singing of traditional songs followed by a **Te Bach**, a tea with bara brith (famous Welsh fruited bread) and teisen bach (Welsh cakes). Young girls are encouraged to wear national costume and leeks or daffodils are worn, being the national symbols of Wales.